



**BARKING & DAGENHAM
CARERS
HUB**

Individual and confidential information can be obtained by contacting an Independent Supporter on

0208 593 4422

Carers of Barking & Dagenham Hub
334 Heathway
Dagenham, Essex
RM10 8NJ
www.carerscentre.org.uk



Find us on **facebook** Carers of Barking Dagenham

Registered Charity No: 1063485
Company Limited by Guarantee
(England)
No: 3180671



**BARKING & DAGENHAM
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**Information Advice Support
Service (IASS)**

**Offers support to parents/carers who
have children & young people with
Special Educational Needs (SEN).**

**We also
support children/young people with
SEN in their own right**

**Would you like more information
about the SEN process?**

Are you in need of support or
someone to talk to?
To find the answer to these and any other
questions you may have please contact:

0208 593 4422

or

www.carers@carerscentre.org.uk



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**THERE ARE MANY WAYS IN
WHICH THE
INFORMATION ADVICE
SUPPORT SERVICE (IASS)
CAN OFFER HELP**

These include:

- Help you understand the SEN process
- If you are a young person or a parent carer, we can help you to express your or your child's views and aspirations to be included in Education Health Care Plan (EHC) process
- Space to talk and time to listen. We take your views seriously.
- Support at meetings such as Reviews, Annual Reviews and Transition.
- We can advocate on your behalf and ensure your voice is heard.
- Practical help, including the writing of letters, emails, forms etc.



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- Support in talking with professionals to help you express your views.
- Preparation and support for meetings
- Mediation and signposting
- Preparation for tribunal
- Telephone support
- Regular newsletter
- Access to training
- Signposting to other in-house projects
- Signposting to other services.

If you would like an informal chat with an Independent Support Worker please contact:

0208 593 4422

Press option 3 (IASS)

or

email:

carers@carerscentre.org.uk



CONFIDENTIALITY

Barking & Dagenham Carers' Hub operates a confidentiality policy whereby all information is confidential within the service, unless you have given permission for the information to be shared or if there are safeguarding concerns.